

First Financial Northwest Bank - EmployeeConnect services

<p>COUNSELING SERVICES</p> <p>Up to four (4) counseling sessions are available for issues affecting employees and their dependents. Individuals may speak with a professional counselor by phone, and the Employee Assistance Program will provide a referral to see a local counselor at no cost for issues such as:</p>	<ul style="list-style-type: none"> • Anxiety and stress • Depression • Grief • Parenting • Drug or alcohol abuse • Transition and change • Relationships – individual, marital, and family 		
<p>FAMILY CAREGIVING SERVICES</p> <p>Referrals and information are available on a variety of family matters, including:</p>	<table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 50%;"> <p><i>CHILD CARE AND PARENTING</i></p> <ul style="list-style-type: none"> • Prenatal care • Daycare/summer camps • Special needs services • Preparing students for college </td> <td style="vertical-align: top; width: 50%;"> <p><i>ELDERCARE</i></p> <ul style="list-style-type: none"> • Assisted living • In-home care • Transportation services • Adult daycare </td> </tr> </table>	<p><i>CHILD CARE AND PARENTING</i></p> <ul style="list-style-type: none"> • Prenatal care • Daycare/summer camps • Special needs services • Preparing students for college 	<p><i>ELDERCARE</i></p> <ul style="list-style-type: none"> • Assisted living • In-home care • Transportation services • Adult daycare
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<p>LEGAL SERVICES</p> <p>A 25% discount on in-person consultations with network lawyers is available to help answer basic legal questions and simplify the process of obtaining legal help. Some common legal concerns include:</p>	<table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 50%;"> <ul style="list-style-type: none"> • Adoption • Bankruptcy • Child custody • Criminal issues • Divorce </td> <td style="vertical-align: top; width: 50%;"> <ul style="list-style-type: none"> • Estate Planning • Immigration • Real estate • Tenant’s rights • Mediation </td> </tr> </table>	<ul style="list-style-type: none"> • Adoption • Bankruptcy • Child custody • Criminal issues • Divorce 	<ul style="list-style-type: none"> • Estate Planning • Immigration • Real estate • Tenant’s rights • Mediation
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<p>FINANCIAL SERVICES</p> <p>A telephonic consultation with a qualified financial consultant is available to assist with a variety of financial concerns such as:</p>	<table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 50%;"> <ul style="list-style-type: none"> • Bankruptcy alternatives • Budgeting and cash flow • Credit issues • Identity theft </td> <td style="vertical-align: top; width: 50%;"> <ul style="list-style-type: none"> • Education funding • Income taxes • Mortgages • Retirement planning </td> </tr> </table>	<ul style="list-style-type: none"> • Bankruptcy alternatives • Budgeting and cash flow • Credit issues • Identity theft 	<ul style="list-style-type: none"> • Education funding • Income taxes • Mortgages • Retirement planning
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<p>To learn more about the Lincoln Financial EmployeeConnect program, visit www.GuidanceResources.com</p>	<p>User name = LFGsupport Password = LFGsupport1 888-628-4824.</p>		
<p>ONLINE TOOLS AND INFORMATION</p> <p>The site provides a wide array of life management tools to help members with a variety of personal and/or work related issues in a private and convenient manner.</p>	<table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 50%;"> <ul style="list-style-type: none"> • Research articles • Wellness articles • Online trainings • Monthly webinars </td> <td style="vertical-align: top; width: 50%;"> <ul style="list-style-type: none"> • Self-search locators for child, academic and adult care resources • And much more! </td> </tr> </table>	<ul style="list-style-type: none"> • Research articles • Wellness articles • Online trainings • Monthly webinars 	<ul style="list-style-type: none"> • Self-search locators for child, academic and adult care resources • And much more!
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CONFIDENTIALITY: All discussions between you and your EAP professional are confidential. Information regarding your contact with the EAP cannot be released without your written consent, except by court order, imminent threat of harm to self or others, or in situations of abuse (such as child or elder abuse).

For more information about your Employee Assistance Program please contact us as listed below.

Phone: 888-628-4824

Website: www.guidanceresources.com