

STYLE FLEXIBILITY

Personal Styles Flexibility Chart

Think of two to four individuals with whom you've had challenging relationships. Write their names below. Identify opportunities to flex your style in order to improve your relationship with each person. Write down key points in the corresponding box below.

<i>Names</i>	<i>Opportunities to Improve Relationship</i>

PERSONAL STYLE INVENTORY

Self-Reflection Sheet

1. Key Learning

- A. About yourself:
- B. About supervision:

2. How could you apply what you learned in your department or work group?

3. What are your areas of further growth?

4. How will this information improve your ability to communicate with and influence others?